



RETAIL PRICE MONITORING BULLETIN

Recorded retail prices Aug 1, 2026

127 of 4,989 observed products were priced differently from their most recent recorded price (2.5%)

Prices published online by 1 retail business, 1 store location. Not a survey of retail prices across Saint Lucia.

1

RETAIL BUSINESS

1

STORE LOCATION

4,989

PRODUCTS OBSERVED

127

CHANGED

97

INCREASED

30

DECREASED

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Prices read from public retail pages of 1 retail business, 1 store location. Not a survey of Saint Lucia, not official statistics, not inflation, and not a consumer price index.

EXECUTIVE SUMMARY

What this edition shows

- This edition covers **1 retail business at 1 store location**, observed online. It is not a survey of prices across Saint Lucia.
- **127 of 4,989 observed products changed price** (2.5%). Of the 4,631 comparable products, 4,504 held the price already recorded for them.
- Increases and decreases split **97 up, 30 down**.
- The typical increase was **+9.0%**, and **96 of the 127 changes set a new recorded high** for that product.
- Increases clustered: **6 brand lines account for 52 of the 97 increases**, which a category view alone would not reveal.
- The fixed basket of 2,468 continuously observed products cost **+0.36%** relative to the first qualifying observation.
- Comparisons span **3 windows of 16 to 41 days**, so the changes here are not measured over one uniform period.

CONTENTS

1	Coverage and comparability	3
2	How prices moved	4
3	Largest recorded movements	5
4	Categories and brands	6
5	Fixed basket	7
6	Not observed in this update	8
7	Comparison timing	8
8	Methodology and publication controls	9
9	Appendix: every price change	10

1 Coverage and comparability

What was observed, and what it does not cover

This edition draws on prices published online by **1 retail business, 1 store location**. It is not a survey of retail prices across Saint Lucia, and nothing here should be read as describing what a product costs anywhere else on the island.

1 Retail business observed	1 Store location	4,989 Products observed
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HOW THE TOTAL RECONCILES

Every observed product falls into exactly one of three groups. Products seen for the first time are kept out of the unchanged count, because there is no earlier price to compare them with.

Group	Products	Share of observed
Comparable, price unchanged	4,504	90.3%
Comparable, price changed	127	2.5%
Observed for the first time	358	7.2%
All products observed	4,989	100.0%

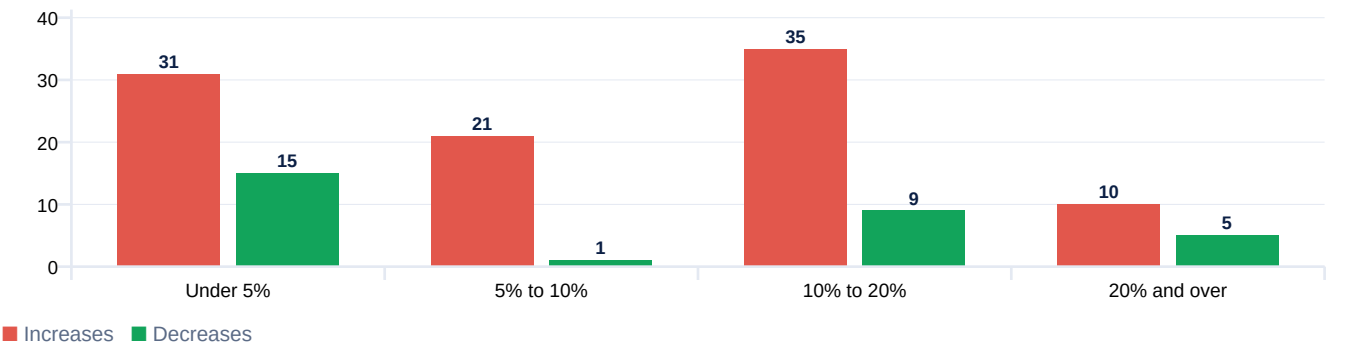
So **127** of the **4,631** products that could be compared changed price - 2.74% of comparable products. The remaining **4,504** held the price already recorded for them.

Prices are read from public pages that anyone can view in a browser. Because they come from a single business at a single location, they describe that shopfront only - not a market, a parish, or the country. This is not inflation, a consumer price index, a cost-of-living measure, or an official statistic.

2 How prices moved

The distribution, and movement against each product's own record

Ranking the biggest movers makes any update look dramatic. The middle of the set is calmer: the typical increase was **+9.0%** and the typical decrease **-6.0%**. Half of all increases fell between **+4.3%** and **+15.3%**.



Measure	Increases	Decreases
Products	97	30
Median move	9.0%	6.0%
Middle half	4.3% to 15.3%	1.7% to 13.2%
Largest move	43.8%	46.6%

NEW RECORDED HIGHS AND LOWS

Counting increases against decreases treats a small rise the same as a move past everything previously recorded. Of the 127 products that changed, **96** finished at the highest price this tracker has recorded for them and **17** at the lowest.



“Recorded high” means the highest price this tracker has observed, not an all-time shelf price. A product observed only a few times reaches a new recorded extreme easily.

3 Largest recorded movements

The biggest increases and decreases

Ranked by percentage change, with the dollar move as a tie-break so a large percentage on a low-priced item still shows what it costs in cash.

LARGEST INCREASES

Product	Category	Previous	Latest	Change
Viking Nutmeg 49G	Pantry & Canned Goods	\$7.65	\$11.00	+43.8%
Viking Cake Spice 65G	Pantry & Canned Goods	\$9.99	\$13.95	+39.6%
Kraft Shredded Mild Cheddar Cheese 170G	Dairy & Eggs	\$14.95	\$19.95	+33.4%
Viking Jerk Seasoning Jar 300ML	Pantry & Canned Goods	\$12.19	\$15.97	+31.0%
Viking Black Pepper 84G	Pantry & Canned Goods	\$8.05	\$10.20	+26.7%
St Ives Scrub Inv Apricot 170G	Personal Care	\$20.50	\$25.95	+26.6%
Imported Cabbage Red (per KG)	Produce	\$11.99	\$14.99	+25.0%
Viking Flavour Enhancer Msg 28G	Pantry & Canned Goods	\$2.25	\$2.75	+22.2%
Viking Black Pepper 7G	Pantry & Canned Goods	\$1.85	\$2.25	+21.6%
Ajax Scour Cleanser Powder 595G	Household	\$9.99	\$11.99	+20.0%

LARGEST DECREASES

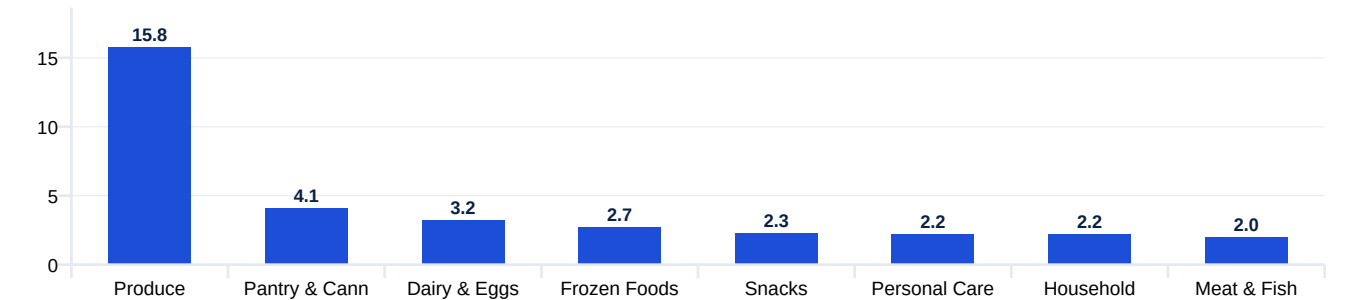
Product	Category	Previous	Latest	Change
Brittney Eyeliner With Pencil Sharpner (Each)	Personal Care	\$7.30	\$3.90	-46.6%
Panadol Multisymptom Caps 2X (Each)	Health & Pharmacy	\$3.35	\$2.05	-38.8%
Massy English Cheddar Cut Large (per KG)	Dairy & Eggs	\$32.17	\$22.37	-30.5%
Massy English Cheddar Cut Small (per KG)	Dairy & Eggs	\$32.17	\$22.37	-30.5%
Imported Baking Potatoes (per KG)	Produce	\$5.49	\$4.14	-24.6%
Local Produce Tomato (per KG)	Produce	\$16.99	\$13.99	-17.7%
Colgate Triple Action 70G	Personal Care	\$8.90	\$7.70	-13.5%
Imported Brussel Sprout 454G	Produce	\$29.99	\$25.99	-13.3%
Irish Spring Aloe 3X (Each)	Personal Care	\$19.25	\$16.80	-12.7%
Irish Spring Icyblast 3X (Each)	Personal Care	\$19.25	\$16.80	-12.7%

Ranking is by size of movement only. This report records that a price changed; it does not establish why.

4 Categories and brands

Compare rates first, then look for concentration

Read the rate column first. A raw count is driven by how many products a category holds, so changes per 100 observed products is what makes categories of different sizes comparable with each other.



Changed products per 100 observed in each category

Category	Observed	Changed	Up	Down	Per 100
Produce	158	22	14	8	15.8
Pantry & Canned Goods	1,184	45	36	9	4.1
Dairy & Eggs	258	7	4	3	3.2
Frozen Foods	270	7	7	0	2.7
Snacks	607	13	13	0	2.3
Personal Care	760	15	6	9	2.2
Household	481	10	10	0	2.2
Meat & Fish	107	2	2	0	2.0

BRAND CONCENTRATION AMONG INCREASES

Increases did not spread evenly. **Viking** alone accounts for 25 of the 97 increases (25.8%), and 52 increases (53.6%) come from just 6 brand lines. A category view alone would report this as one category moving.

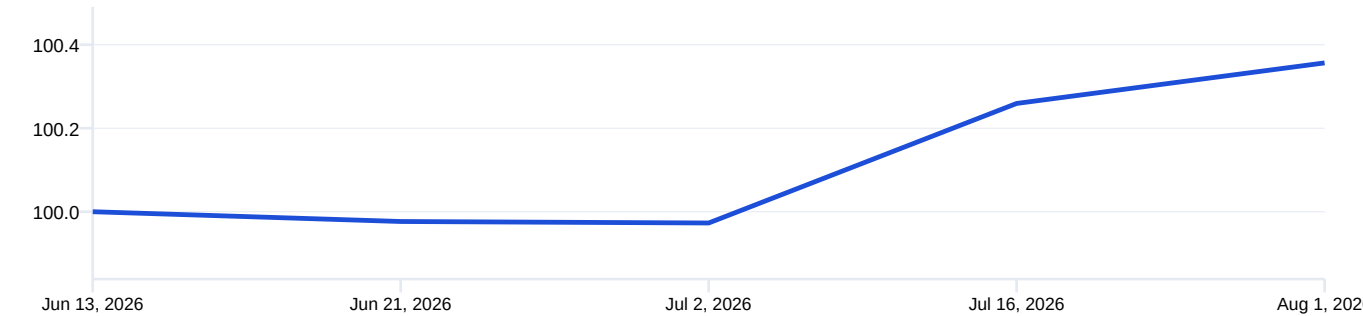
Brand line	Products	Share	Median move	Main category
Viking	25	25.8%	+9.0%	Pantry & Canned Goods
Rainforest	8	8.2%	+6.8%	Frozen Foods
Pringles	7	7.2%	+4.7%	Snacks
Fabuloso	6	6.2%	+11.9%	Household
Ammens	3	3.1%	+19.2%	Personal Care
Caterers	3	3.1%	+13.0%	Pantry & Canned Goods

Brands are matched from a curated list of product-name prefixes, never split automatically - words such as “Imported” and “Local” describe origin, not a brand. A shared prefix shows products branded alike; it is not evidence about what any manufacturer, distributor, or retailer decided.

5 Fixed basket

The same products across every qualifying observation

Counting how many products changed says nothing about what the changes cost. This basket holds the **2,468** products with a recorded price in every qualifying observation, so the same items are compared at every point and the total cannot move because the product mix changed. Its combined cost has risen **0.36%** since Jun 13, 2026.



Basket cost indexed to the first qualifying observation = 100

Observation	Basket cost	Index	Change from first
Jun 13, 2026	\$41,622.90	100.00	0.00%
Jun 21, 2026	\$41,613.16	99.98	−0.02%
Jul 2, 2026	\$41,611.67	99.97	−0.03%
Jul 16, 2026	\$41,730.85	100.26	+0.26%
Aug 1, 2026	\$41,771.28	100.36	+0.36%

An unweighted total of recorded shelf prices from a single retail business. It is a continuity measure for this tracker - not inflation, not a consumer price index, and not a household cost-of-living measure. It applies no spending weights and covers only continuously observed products.

6 Not observed in this update

Products that did not appear this time

An update also changes which products appear at all. **358** products were observed here for the first time, while **337** products with an earlier recorded price were not observed in this update.

Category	Not observed this update	Share of not observed
Pantry & Canned Goods	124	36.8%
Personal Care	34	10.1%
Beverages	33	9.8%
Dairy & Eggs	26	7.7%
Meat & Fish	20	5.9%
Produce	20	5.9%
Snacks	19	5.6%
Frozen Foods	17	5.0%
Household	17	5.0%
Grains & Cereals	14	4.2%

This section says “not observed” rather than that a product was discontinued. A missing product may be unavailable, renamed, repackaged, or simply absent from the pages read that day. Products keep their last recorded price until they are observed again.

7 Comparison timing

Why there is no single comparison date

There is no single comparison date for every product. Each is compared with its own most recent recorded price, so the changes in this edition are measured over **3** different windows spanning **16 to 41 days**. A longer gap gives a product more time to record a different price, so the windows are not directly comparable with each other.

Previous observation	Products	Share	Elapsed
Jul 16, 2026	97	76.4%	16 days
Jul 2, 2026	26	20.5%	30 days
Jun 21, 2026	4	3.1%	41 days

8 Methodology and publication controls

How each edition is prepared and checked

HOW EACH EDITION IS PREPARED

- 1. Calculate the facts** Every headline figure, table, and chart value is computed from the validated price data. Nothing is typed by hand.
- 2. Check the numbers** The edition is blocked if totals, movement ranges, basket membership, or coverage labels do not reconcile.
- 3. Build the evidence** Tables and charts are built from the same validated facts that feed the written commentary.
- 4. Write the commentary** The commentary summarises validated facts. It does not recalculate headline figures and does not assert why a price moved.
- 5. Keep an audit trail** The facts, source fingerprint, template version, and final PDF are stored together so any edition can be reproduced.

CHECKS REQUIRED BEFORE PUBLICATION

- Increases and decreases must together account for every changed product.
- Unchanged comparable, changed comparable, and first-observed products must add up to all products observed.
- The movement buckets must account for every increase and every decrease.
- New recorded highs and lows cannot exceed the number of changed products.
- Any statement about brand concentration must use the values shown in the brand table.
- A change list may be called complete only when every changed product is included.
- The fixed basket must hold the same products across the whole series shown.
- The number of businesses and locations observed must be stated wherever coverage could be misread as island-wide.

WHAT THIS EDITION DOES NOT SHOW

- Prices at any business or location other than those listed under coverage.
- Official inflation, a consumer price index, or a cost-of-living measure.
- Why a price changed, or whether it was a promotion, a pass-through, or an error.
- Household spending weights, or availability beyond the pages observed.

EDITION RECORD

Field	Value
Coverage	1 retail business, 1 store location
Observation date	Aug 1, 2026
Observation id	2026-08-01
Facts schema	price_monitoring_facts_v1
Template version	5.0
Generator commit	n/a
Source fingerprint	n/a
Published	Aug 16, 2026

9 Appendix: every price change

Every product whose price changed in this edition

All 127 products whose price differed from their own previous recorded price, listed alphabetically.

Product	Category	Previous	Latest	Change	Previous observation
Ajax Scour Cleanser Powder 595G	Household	\$9.99	\$11.99	+20.0%	Jul 16, 2026
Ammens Med Powder Orig 250G	Personal Care	\$16.77	\$19.99	+19.2%	Jul 16, 2026
Ammens Medicated Powder Baby 150G	Personal Care	\$12.00	\$14.25	+18.8%	Jul 16, 2026
Ammens Medicated Powder Baby Scent 250G	Personal Care	\$16.77	\$19.99	+19.2%	Jul 16, 2026
Argo Corn Starch 454G	Pantry & Canned Goods	\$12.29	\$12.79	+4.1%	Jul 2, 2026
Badia Organic Sm Bag Quinoa Wht 340G	Pantry & Canned Goods	\$17.79	\$17.99	+1.1%	Jul 2, 2026
Beggin Strips Bacon Beef 170G	Household	\$19.95	\$22.95	+15.0%	Jul 2, 2026
Bencopeak Garbanzo Beans 454G	Pantry & Canned Goods	\$4.09	\$4.04	-1.2%	Jul 16, 2026
Bencopeak Pink Beans 454G	Pantry & Canned Goods	\$4.21	\$4.15	-1.4%	Jul 16, 2026
Bencopeak Pinto Beans 454G	Pantry & Canned Goods	\$3.19	\$3.15	-1.3%	Jul 16, 2026
Bencopeak Redkidney Bean 454G	Pantry & Canned Goods	\$7.02	\$6.94	-1.1%	Jul 16, 2026
Bencopeak Split Peas Green 454G	Pantry & Canned Goods	\$3.42	\$3.38	-1.2%	Jul 16, 2026
Bencopeak Yellow Split Peas 454G	Pantry & Canned Goods	\$3.83	\$3.78	-1.3%	Jul 16, 2026
Brittny Eyeliner With Pencil Sharpner (Each)	Personal Care	\$7.30	\$3.90	-46.6%	Jul 16, 2026
Caterers Icing Plain 2.3KG	Pantry & Canned Goods	\$26.50	\$29.95	+13.0%	Jul 16, 2026
Caterers Icing Plain Foil 448G	Pantry & Canned Goods	\$5.99	\$6.75	+12.7%	Jul 16, 2026
Caterers Icing Sugar Bag Egg White 448G	Pantry & Canned Goods	\$8.20	\$9.55	+16.5%	Jul 16, 2026
Chubby Grape 250ML	Beverages	\$1.75	\$1.80	+2.9%	Jul 2, 2026
Chubby Pineapple 250ML	Beverages	\$1.75	\$1.80	+2.9%	Jul 2, 2026
Colgate Triple Action 70G	Personal Care	\$8.90	\$7.70	-13.5%	Jul 16, 2026
Drummond Saltfish Bulk Pieces (per KG)	Meat & Fish	\$49.95	\$52.95	+6.0%	Jul 16, 2026
Elmers School Glue (Each)	General Merchandise	\$5.50	\$5.95	+8.2%	Jul 16, 2026
Essential Everyday Corn Flakes 510G	Pantry & Canned Goods	\$12.21	\$13.36	+9.4%	Jul 16, 2026

Product	Category	Previous	Latest	Change	Previous observation
Fabuloso Cit Frt Baking Soda 828ML	Household	\$11.34	\$12.69	+11.9%	Jul 16, 2026
Fabuloso Lavender 1.65L	Household	\$20.55	\$23.99	+16.7%	Jul 16, 2026
Fabuloso Lavender 828ML	Household	\$11.34	\$12.69	+11.9%	Jul 16, 2026
Fabuloso Ocean Paradise 828ML	Household	\$11.34	\$12.69	+11.9%	Jul 16, 2026
Fabuloso Passion Fruit 1.65L	Household	\$20.55	\$23.99	+16.7%	Jul 16, 2026
Fabuloso Tropical 828ML	Household	\$11.34	\$12.69	+11.9%	Jul 16, 2026
Friskies Seafood Sensat 1.42KG	Household	\$35.65	\$37.99	+6.6%	Jul 16, 2026
Fruta Guava Pineapple Can 315ML	Beverages	\$3.80	\$4.25	+11.8%	Jul 2, 2026
Good Life Whole Wheat Flour 2KG	Pantry & Canned Goods	\$8.33	\$8.32	−0.1%	Jul 16, 2026
Got2B Glue Freeze Spray 355ML	Personal Care	\$38.95	\$42.95	+10.3%	Jun 21, 2026
Hershey Chocolate Syrup 680G	Pantry & Canned Goods	\$19.99	\$21.99	+10.0%	Jul 16, 2026
Hershey Special Dark Bar 41G	Snacks	\$7.25	\$7.79	+7.4%	Jul 16, 2026
Imported Baking Potatoes (per KG)	Produce	\$5.49	\$4.14	−24.6%	Jul 2, 2026
Imported Brussel Sprout 454G	Produce	\$29.99	\$25.99	−13.3%	Jul 2, 2026
Imported Cabbage Red (per KG)	Produce	\$11.99	\$14.99	+25.0%	Jul 2, 2026
Imported Carrot 2.3KG	Produce	\$27.99	\$26.99	−3.6%	Jul 16, 2026
Imported Carrot 454G	Produce	\$6.99	\$6.50	−7.0%	Jul 16, 2026
Imported Celery (per KG)	Produce	\$20.99	\$21.99	+4.8%	Jul 16, 2026
Imported Kiwi Fruit (per Kg)	Produce	\$45.99	\$40.99	−10.9%	Jul 16, 2026
Imported Melon Cantaloupe (per KG)	Produce	\$14.99	\$16.99	+13.3%	Jul 2, 2026
Imported Mushroom 454G	Produce	\$27.25	\$27.99	+2.7%	Jul 2, 2026
Imported Mushroom Portabella Cap 227G	Produce	\$26.99	\$27.99	+3.7%	Jul 2, 2026
Imported Onion Red 907G	Produce	\$7.25	\$8.16	+12.6%	Jul 2, 2026
Imported Onion White 907G	Produce	\$8.69	\$8.80	+1.3%	Jul 16, 2026
Imported Onions White Jumbo (per KG)	Produce	\$6.35	\$7.18	+13.1%	Jul 16, 2026
Imported Pineapple (per KG)	Produce	\$15.30	\$15.99	+4.5%	Jul 16, 2026
Imported Pomegrante Cherry 470ML	Dairy & Eggs	\$24.99	\$26.99	+8.0%	Jul 16, 2026
Imported Pomegrante Original 449ML	Dairy & Eggs	\$25.99	\$26.99	+3.8%	Jul 16, 2026
Imported Strawberries Clam Shell 454G	Produce	\$40.99	\$38.99	−4.9%	Jul 2, 2026
Irish Spring Aloe 3X (Each)	Personal Care	\$19.25	\$16.80	−12.7%	Jul 16, 2026
Irish Spring Icyblast 3X (Each)	Personal Care	\$19.25	\$16.80	−12.7%	Jul 16, 2026
Irish Spring Moist 3X (Each)	Personal Care	\$19.25	\$16.80	−12.7%	Jul 16, 2026

Product	Category	Previous	Latest	Change	Previous observation
Jergens Original Scent Bottle 89ML	Personal Care	\$7.09	\$7.50	+5.8%	Jun 21, 2026
Kerrygold Full Cream Milk Powder 350G	Pantry & Canned Goods	\$9.92	\$9.67	-2.5%	Jul 16, 2026
Kraft Shredded Mild Cheddar Cheese 170G	Dairy & Eggs	\$14.95	\$19.95	+33.4%	Jul 2, 2026
Lays Stax Cheddar 155G	Snacks	\$10.94	\$11.98	+9.5%	Jul 16, 2026
Lays Stax Original 163G	Snacks	\$10.94	\$11.98	+9.5%	Jul 16, 2026
Local Produce Celery Heart 18X (Each)	Produce	\$22.99	\$23.99	+4.3%	Jul 2, 2026
Local Produce Chinese Cabbage (per KG)	Produce	\$10.23	\$11.88	+16.1%	Jul 2, 2026
Local Produce Chive (per KG)	Produce	\$13.53	\$15.18	+12.2%	Jul 16, 2026
Local Produce Green Cabbage (per KG)	Produce	\$10.39	\$10.90	+4.9%	Jul 2, 2026
Local Produce Green Lettuce (per KG)	Produce	\$18.48	\$16.26	-12.0%	Jul 2, 2026
Local Produce Pumpkin (per KG)	Produce	\$6.55	\$7.29	+11.3%	Jul 2, 2026
Local Produce Tomato (per KG)	Produce	\$16.99	\$13.99	-17.7%	Jul 16, 2026
Massy English Cheddar 5KG	Dairy & Eggs	\$27.15	\$24.14	-11.1%	Jul 16, 2026
Massy English Cheddar Cut Large (per KG)	Dairy & Eggs	\$32.17	\$22.37	-30.5%	Jul 16, 2026
Massy English Cheddar Cut Small (per KG)	Dairy & Eggs	\$32.17	\$22.37	-30.5%	Jul 16, 2026
Nest Chocolate Kit Kat 45G	Snacks	\$3.90	\$4.25	+9.0%	Jul 16, 2026
Nestle Chocolate Kit Kat 2 Fingers 20.7G	Snacks	\$1.90	\$2.25	+18.4%	Jul 16, 2026
Nestle Kit Kat White 4Finger 45G	Snacks	\$3.90	\$4.25	+9.0%	Jul 16, 2026
Nutella Chocolate Spread Hazelnut 371G	Pantry & Canned Goods	\$23.59	\$23.99	+1.7%	Jul 16, 2026
Panadol Multisymptom Caps 2X (Each)	Health & Pharmacy	\$3.35	\$2.05	-38.8%	Jul 16, 2026
Pomegrante Blueberry 470ML	Dairy & Eggs	\$25.99	\$26.99	+3.8%	Jul 16, 2026
Pringles Cheddar Cheese 71G	Snacks	\$6.59	\$6.69	+1.5%	Jul 16, 2026
Pringles Chip Original 37G	Snacks	\$5.15	\$5.39	+4.7%	Jul 16, 2026
Pringles Potato Chips Chzm Can 39G	Snacks	\$5.15	\$5.39	+4.7%	Jul 16, 2026
Pringles Sour Cream & Onion 71G	Snacks	\$6.59	\$6.69	+1.5%	Jul 16, 2026
Pringles Sour Cream and Onion Can 39G	Snacks	\$5.15	\$5.39	+4.7%	Jul 16, 2026
Pringles Super Stack Orig 149G	Snacks	\$12.99	\$13.99	+7.7%	Jul 2, 2026
Pringles Us Oringinal 67G	Snacks	\$6.59	\$6.69	+1.5%	Jul 16, 2026
Rainforest Brd Fish Strip 320G	Frozen Foods	\$28.45	\$28.95	+1.8%	Jul 2, 2026
Rainforest Breaded Fish Nuggets 275G	Frozen Foods	\$22.65	\$22.95	+1.3%	Jul 16, 2026

Product	Category	Previous	Latest	Change	Previous observation
Rainforest Burger Beef 100% 340G	Frozen Foods	\$27.95	\$32.95	+17.9%	Jul 16, 2026
Rainforest Burger Beef Bacon 340G	Frozen Foods	\$27.95	\$32.95	+17.9%	Jul 16, 2026
Rainforest Burger Beef Season 340G	Frozen Foods	\$27.95	\$32.95	+17.9%	Jul 16, 2026
Rainforest California Mix 340G	Frozen Foods	\$13.99	\$14.95	+6.9%	Jul 16, 2026
Rainforest Potato Wedge 400G	Frozen Foods	\$10.25	\$10.95	+6.8%	Jul 16, 2026
Rainforest Tilapia Fillet 454G	Meat & Fish	\$37.75	\$39.70	+5.2%	Jul 16, 2026
Raisins 1KG	Pantry & Canned Goods	\$34.32	\$38.32	+11.7%	Jul 2, 2026
Roland Roasted Garlic Israel Couscous 178G	Pantry & Canned Goods	\$22.99	\$23.99	+4.3%	Jul 16, 2026
St Ives Scrub Inv Apricot 170G	Personal Care	\$20.50	\$25.95	+26.6%	Jul 16, 2026
Suavitel Fabric Softener Field Flower 1.9L	Household	\$31.49	\$31.99	+1.6%	Jul 16, 2026
Tetley Green Tea 20X 40G	Beverages	\$6.99	\$7.99	+14.3%	Jul 2, 2026
V05 Shampoo Ocean Fresh 370ML	Personal Care	\$8.15	\$7.95	-2.5%	Jun 21, 2026
Valrico Chicken Vienna Sausages 142G	Pantry & Canned Goods	\$4.00	\$4.75	+18.8%	Jul 16, 2026
Viking Banana Bbq Sauce 500ML	Pantry & Canned Goods	\$11.95	\$14.04	+17.5%	Jul 16, 2026
Viking Banana Essence 140ML	Pantry & Canned Goods	\$7.85	\$7.99	+1.8%	Jul 16, 2026
Viking Banana Ketchup 360G	Pantry & Canned Goods	\$9.60	\$11.17	+16.4%	Jul 16, 2026
Viking Black Pepper 7G	Pantry & Canned Goods	\$1.85	\$2.25	+21.6%	Jul 16, 2026
Viking Black Pepper 84G	Pantry & Canned Goods	\$8.05	\$10.20	+26.7%	Jul 16, 2026
Viking Cake Spice 65G	Pantry & Canned Goods	\$9.99	\$13.95	+39.6%	Jul 16, 2026
Viking Caterers Icing Sgr W Egg Wht 2.3KG	Pantry & Canned Goods	\$45.95	\$53.00	+15.3%	Jul 16, 2026
Viking Cayenne Pepper 56G	Pantry & Canned Goods	\$8.75	\$10.05	+14.9%	Jul 2, 2026
Viking Cinnamon 35G	Pantry & Canned Goods	\$8.75	\$10.05	+14.9%	Jul 16, 2026
Viking Coconut Milk 400ML	Pantry & Canned Goods	\$10.99	\$11.75	+6.9%	Jul 16, 2026
Viking Cooking Sauce 359ML	Pantry & Canned Goods	\$10.25	\$11.17	+9.0%	Jul 16, 2026
Viking Dam Hot Pepper Sauce 359ML	Pantry & Canned Goods	\$10.25	\$11.17	+9.0%	Jul 16, 2026

Product	Category	Previous	Latest	Change	Previous observation
Viking Flavour Enhancer Msg 28G	Pantry & Canned Goods	\$2.25	\$2.75	+22.2%	Jul 16, 2026
Viking Gravy Brown 392G	Pantry & Canned Goods	\$10.25	\$11.17	+9.0%	Jul 16, 2026
Viking Green Fresh Season 750ML	Pantry & Canned Goods	\$15.99	\$16.22	+1.4%	Jul 2, 2026
Viking Green Herb Seasoning 359ML	Pantry & Canned Goods	\$10.25	\$11.17	+9.0%	Jul 16, 2026
Viking Green Seasoning 150ML	Pantry & Canned Goods	\$6.60	\$6.77	+2.6%	Jul 16, 2026
Viking Grenadine Syrup 700ML	Pantry & Canned Goods	\$19.35	\$19.95	+3.1%	Jul 16, 2026
Viking Hi-Rise Baking Powder 56G	Pantry & Canned Goods	\$2.80	\$2.77	-1.1%	Jul 16, 2026
Viking Hot Pepper Sauce 148ML	Pantry & Canned Goods	\$6.60	\$6.77	+2.6%	Jul 16, 2026
Viking Hot Pepper Sauce 359G	Pantry & Canned Goods	\$10.25	\$11.17	+9.0%	Jul 16, 2026
Viking Italian SSeasoning Jar 39.2G	Pantry & Canned Goods	\$8.75	\$10.05	+14.9%	Jul 16, 2026
Viking Jerk Seasoning Jar 300ML	Pantry & Canned Goods	\$12.19	\$15.97	+31.0%	Jul 16, 2026
Viking Nutmeg 49G	Pantry & Canned Goods	\$7.65	\$11.00	+43.8%	Jul 16, 2026
Viking Pepper Sauce Dam Hot 148ML	Pantry & Canned Goods	\$6.60	\$6.77	+2.6%	Jul 16, 2026
Viking Vanilla Essence 140ML	Pantry & Canned Goods	\$7.85	\$7.99	+1.8%	Jul 16, 2026
Vo5 Conditioner Extra Body 355ML	Personal Care	\$8.15	\$7.95	-2.5%	Jul 16, 2026
Vo5 Shampoo Normal 370ML	Personal Care	\$8.15	\$7.95	-2.5%	Jun 21, 2026
Vo5 Shampoo Pomegranate Grapeseed 370ML	Personal Care	\$8.15	\$7.95	-2.5%	Jul 16, 2026